

# Medieval Medicine & Apothecary Sciences

Barber Surgeons, Herbal and Medieval Medicine 500 AD – 1600 AD Murigheal O'Seannaig, Barony of Shattered Crystal

## Disclaimer – Legal Stuff

The following information contained in these pages is for educational and informational purposes only and is not intended as medical advice. The information herein comes from herbal and botanical sources throughout history and cannot be guaranteed the cause and effect in which these herbs and remedies create.

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All persons using this material as reference agree to accept full responsibility for any results experienced by using them. You are responsible for your own health. As with conventional medicine, herbal medicine is vast and complex, and must be used responsibly. People react differently to different remedies. Some herbs are contraindicated with certain pharmaceutical drugs. Further, some helpful herbs may be confused with harmful and/or deadly substances. There are many plants and mushrooms that can make you sick or are deadly poisonous. Be 100% of your identification before you harvest any plant or mushroom. Additionally, sometimes a new food, even properly identified, can cause an unusual reaction — ranging from gastric intolerance to a full-blown allergy.

## Disclaimer – More Legal Stuff

I am a medical professional and an Herbalist, but I am not a physician. Only a physician can diagnose, treat, and prescribe for illness or disease. As an Herbalist, I neither diagnose nor treat disease. Nor do I prescribe remedies.

Herbalists are people who dedicate their lives to working with medicinal plants. They include native healers, scientists, naturopaths, holistic medical doctors, researchers, writers, herbal pharmacists, medicine makers, wild crafters, harvesters and herbal farmers to name a few.

## Disclaimer – Legal Stuff

**FDA Disclaimer:** These statements and products have not been evaluated by the FDA. They are not intended to diagnose, treat, cure, or prevent any disease or condition.

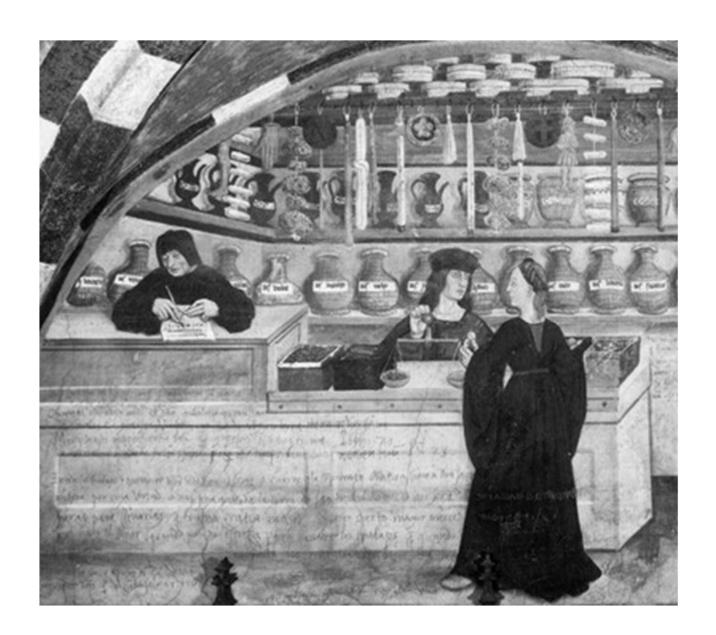
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In Service –

Lady Lasairfhíona inghean Tuathail Apothecarist, Herbalist, Nurse

#### Who treated the ill?

- Doctors if you were rich!
- Apothecaries People who made up treatments (sold herbs and drugs)
- Monks who knew the work of Ancient Medical Texts.
- Local wise men and women



# Black Death

#### THE

### Charitable Pestmaster,

OR,

The cure of the

## PLAGUE,

Conteining a few short and necessary
instructions how to preserve the body from
insection of the P LA OVE, as also to
cure those that are Insected.

Together with a little treatife concerning the cure of the Small Pox.

Published for the benefit of the poore of this City and not unmeet for the Rich,

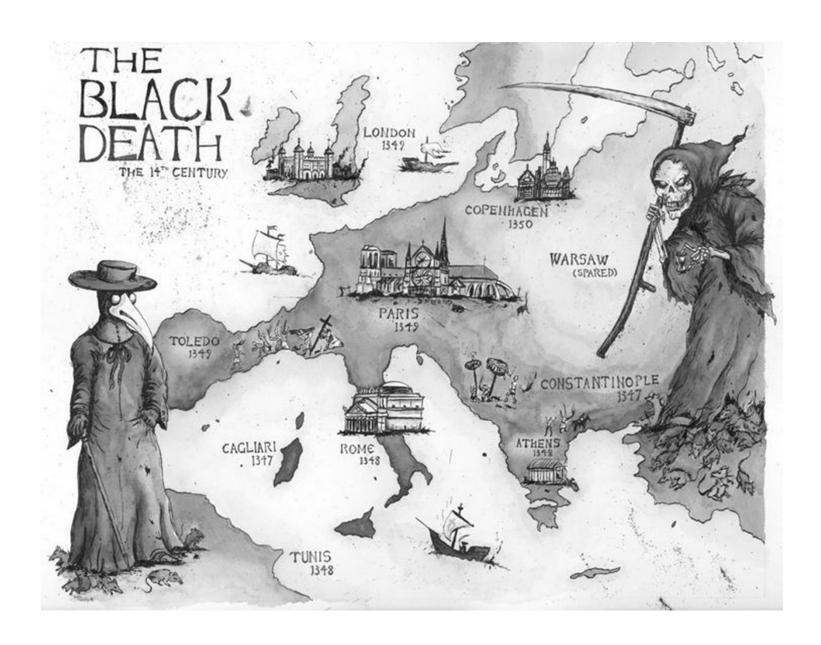
By THOMAS SHER VVOOD Practitioner in PHYSICK.

2 Kings 10. 7.

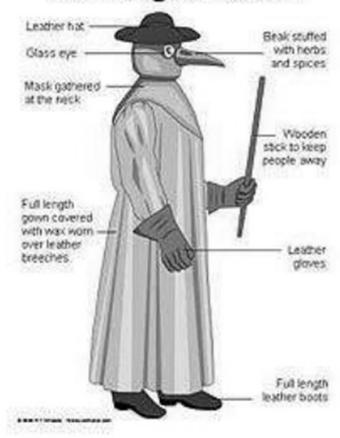
And I s A 1 A H faid, take a lamp of Figs, and they tooks, and laid is upon the boil, and he recovered.

LONDON

Printed by . N. for John Francklin, and are to be fold at his Shop in Ludbury, neer the Windmill, 1641.



#### **The Plague Doctor**



Source D – Plague doctor wore costumes like this when he visited victims.

#### Recipe for the Plague

Wrap in woollen cloths, compel the sick party to sweat which if he does, keep him there until the sores begin to rise. Then apply a live pigeon cut in half or a plaster made of the yolk of an egg, honey, herbs and whet flower.

Source E – People spent a fortune on crazy cures like this one. Today, it is easy to laugh but imagine how scared people must have been. They were willing to try anything...





# Medieval Tudor Physician

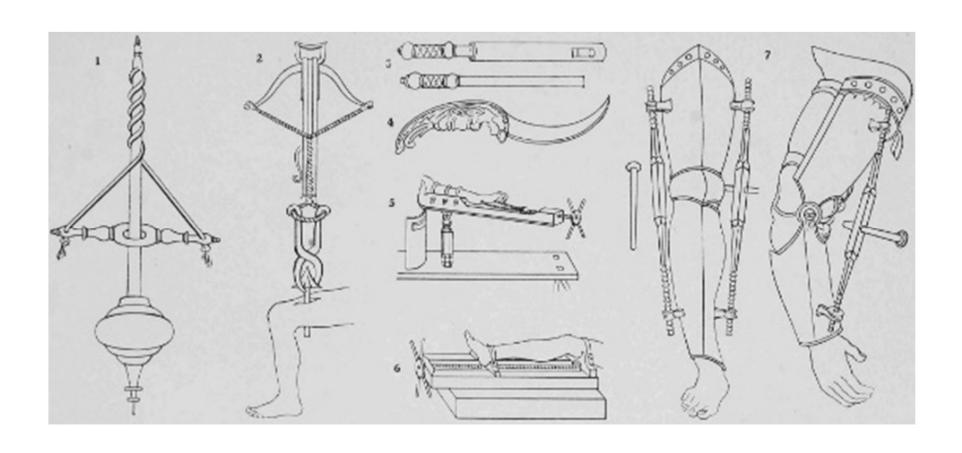
The medieval physician will discuss the diagnoses and treatment of illness during the medieval period; the Four Humours; the dreaded Black Death and Leprosy and the role of religion in health and sickness.

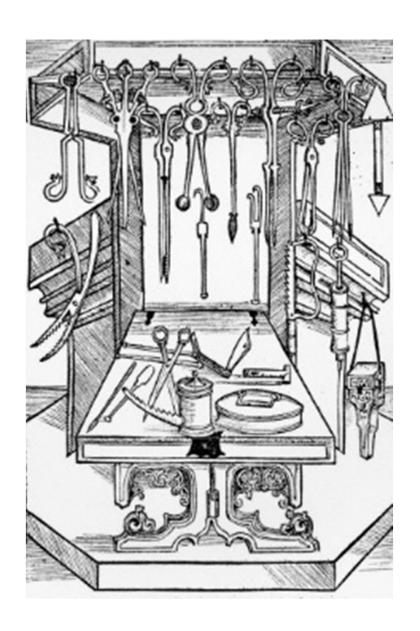
#### **Physician's Tools:**

- Reproduction Medieval Medical Charts
  - Facsimilie Medical Books
  - A Volvelle (an early computer)
    - Urine Flasks
- Instruments for cauterizing and bloodletting
  - Live leeches
- Display of Tudor medicinal herbs and minerals
  - Relics to help cure illnesses

# Medieval Surgical Instruments











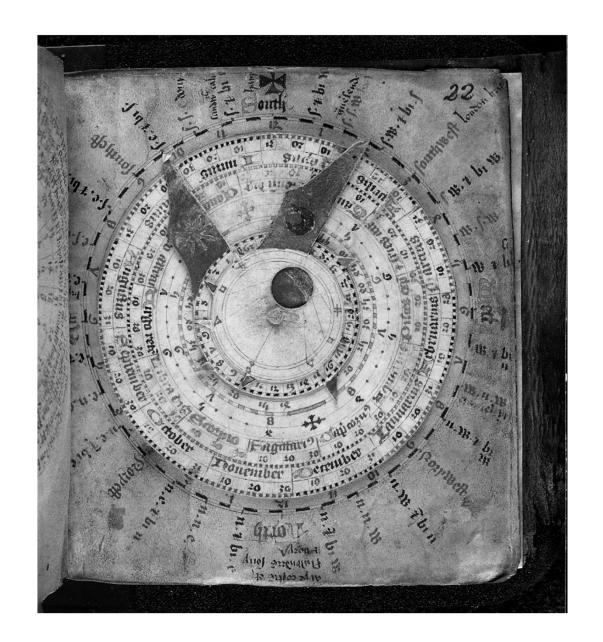
## LOBOTOMY

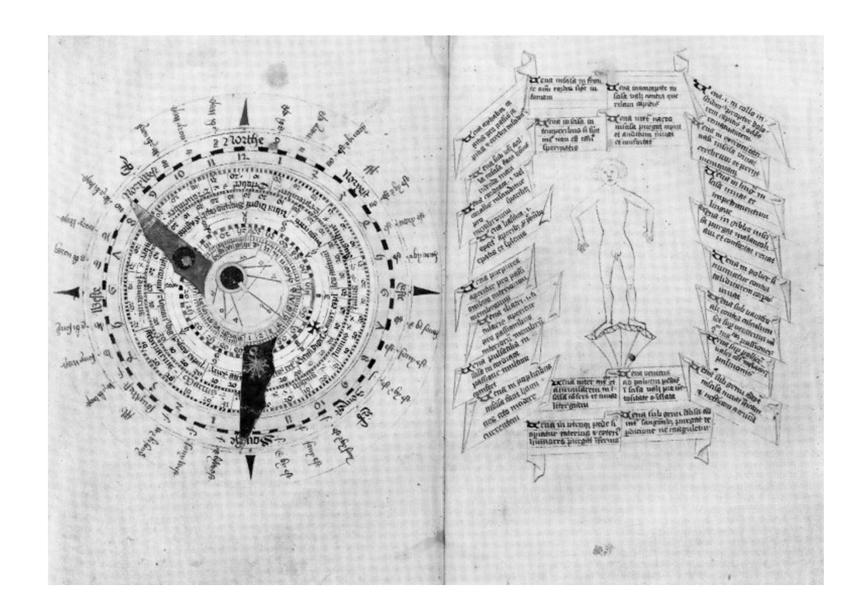
Eclipsing the lobotomy in terms of age and pain, trepanning involved a physician cutting a hole into the skull of an individual suffering from what some believed to be mental illness, seizures or skull fractures. The hole was typically cut into the dura mater and, surprisingly, the survival rate was very high and chance of infection remained low.



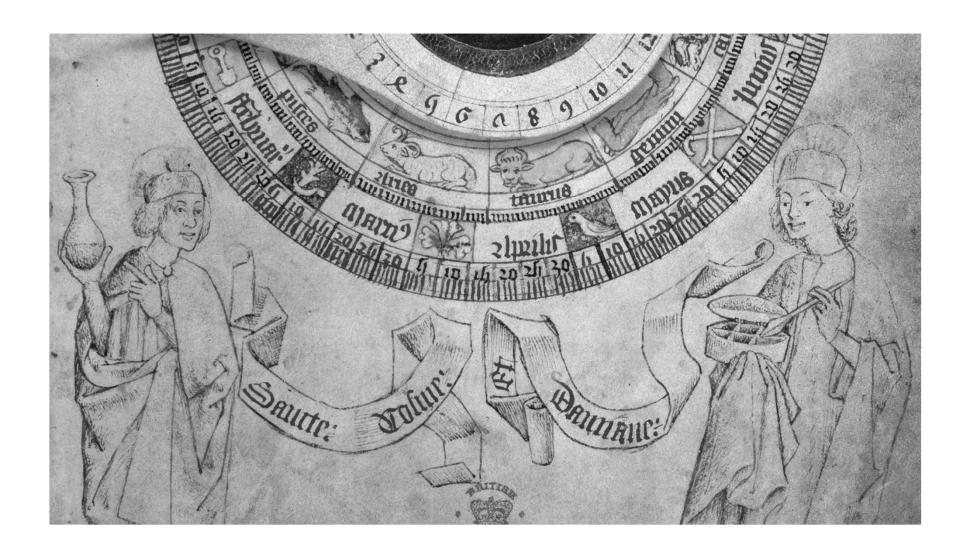


# Medieval Volvelle





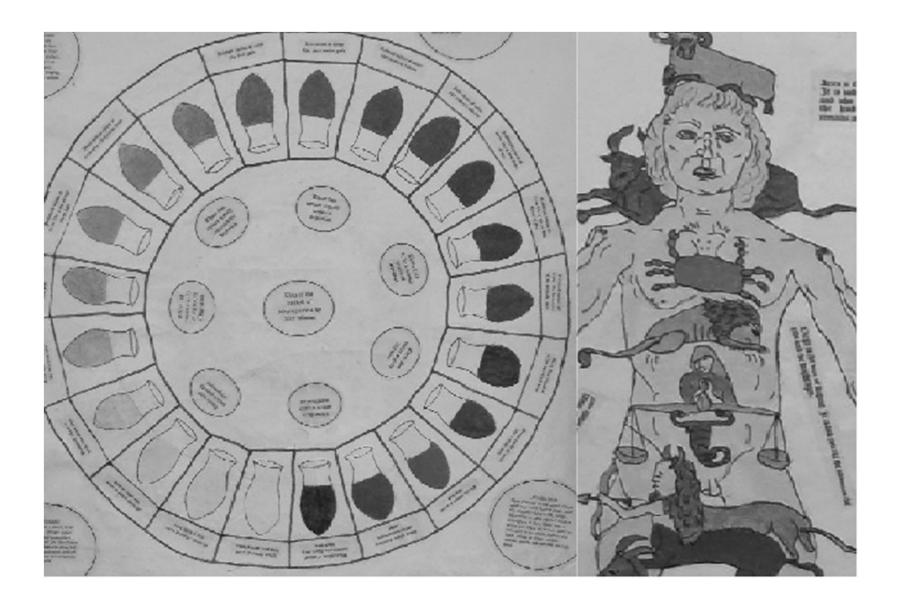


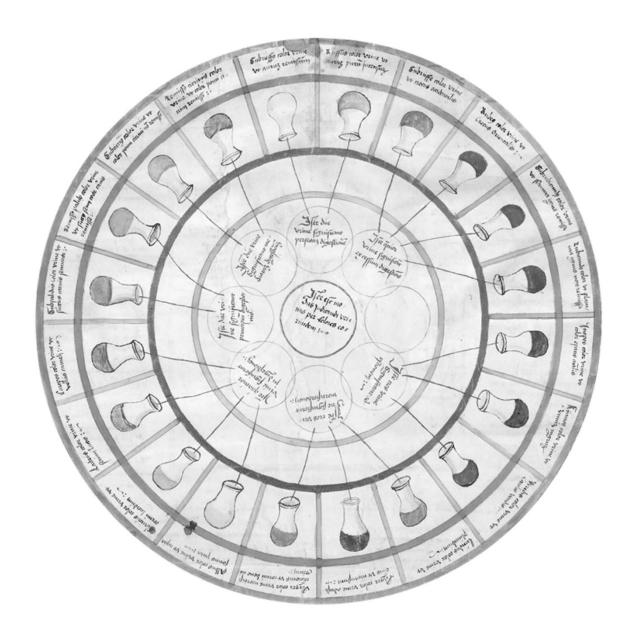




# Urine Wheel

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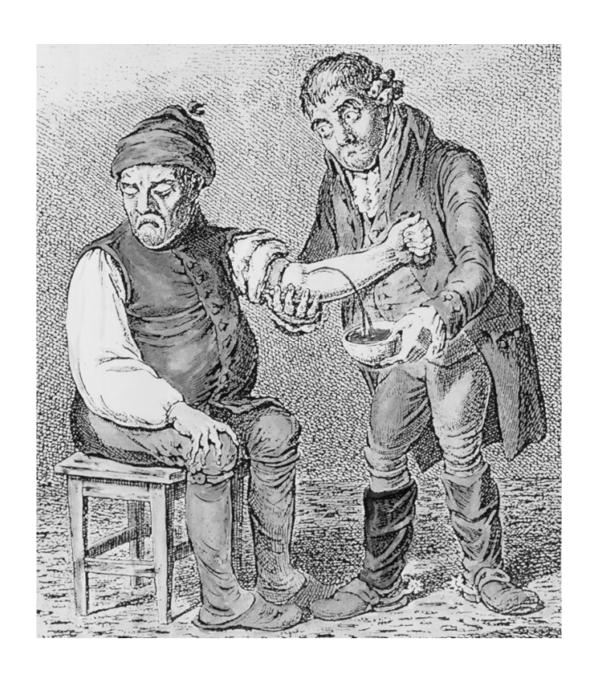
# Medieval Leeching





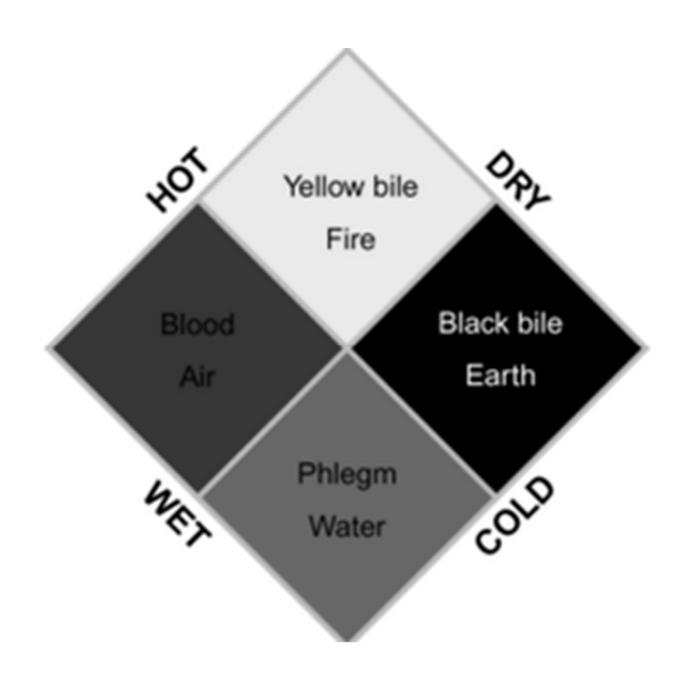
# Medieval Bloodletting





Even though bloodletting is permanently linked to the barber surgeons of the medieval ages, the origins of this old practice can be traced back to ancient Greece. The technique became very popular during the lifetime of Hippocrates who promoted the "humorism" or the theory of the four humors and their direct influence of a person's health. To summarize, whenever a person experienced an excess or deficit of either blood, phlegm, yellow bile or black bile, his personality and overall health was severely affected. Obviously, the only treatment that could bring back the body's balance was to drain the blood out of the patient.

### 4 Humours





## Medieval Herbal Medicine

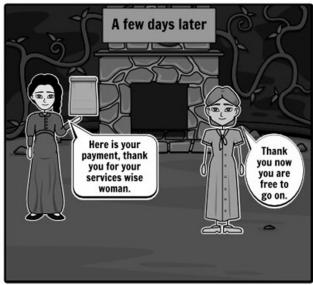


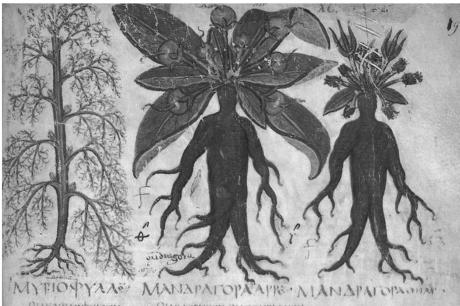












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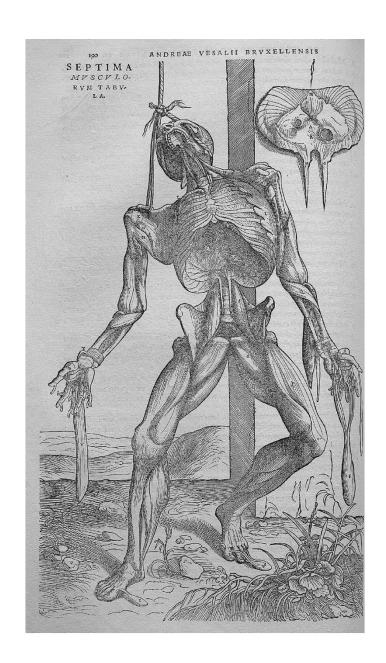
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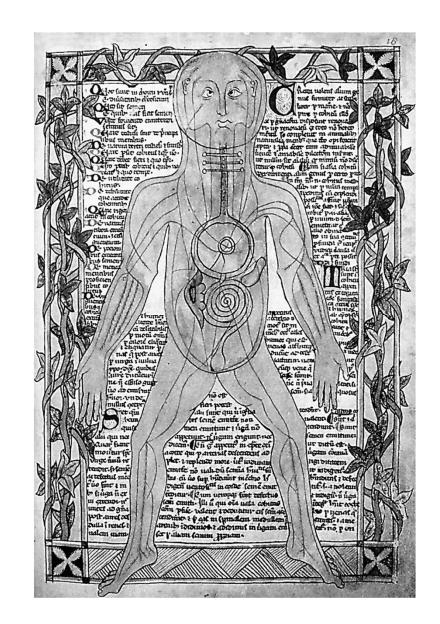
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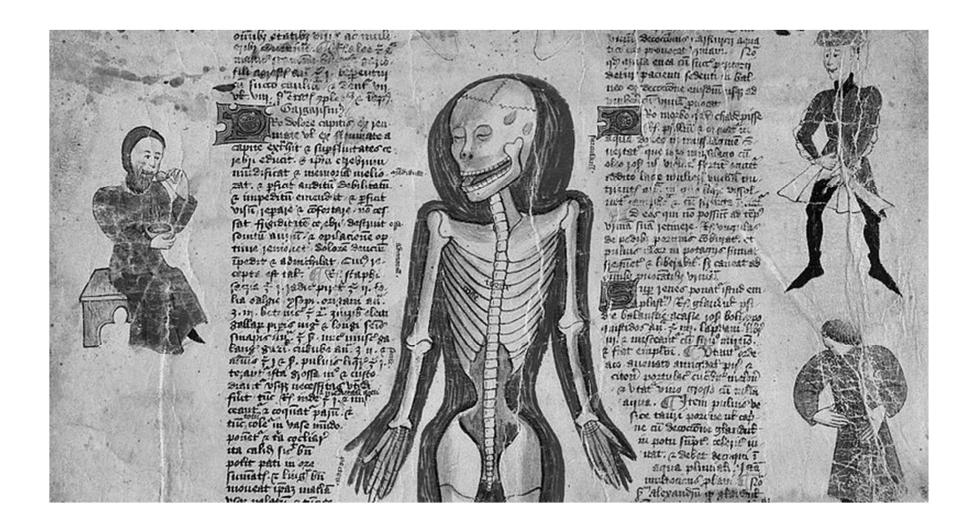


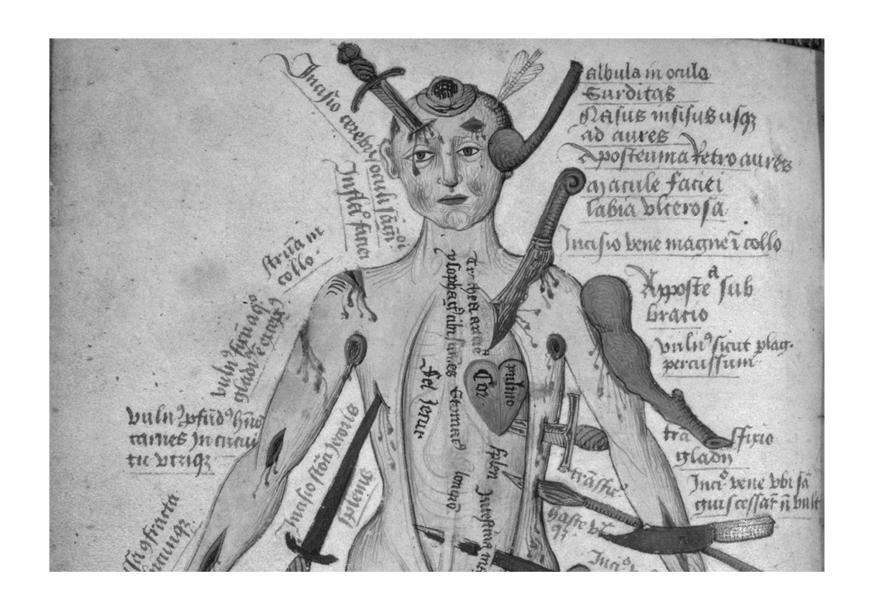
## Medieval Medicine





# The Arabic Cheshm Manuscript









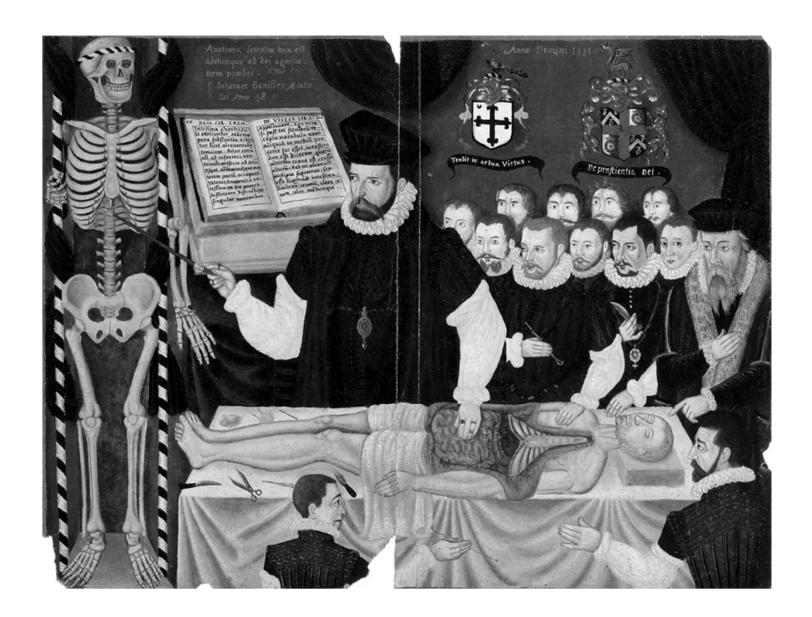
# Barber Surgeons

The Medieval Ages were undeniably strange times, particularly if you think that while physicians used to come up with a diagnosis by analyzing urine or studying the stars, barbers were the only "professionals" who were doing the "field work" and experimented on their customers up and personal.











### Use of Anaesthetics

By the late middle ages lots of doctors used anaesthetics to reduce the pain of their patients. At this time doctors were still experimenting with anaesthetics. There was needed more knowledge about mixtures and doses of herbs and ingredients.



### Do you know WHY THERE ARE BARBER POLES?

FACTS



### Do you know WHY THERE ARE BARBER POLES?



No. 17 of a series: FACTS BEHIND OUR HUMAN CUSTOMS



Look for the Glenmore Colonel ... symbol of the proudest names in Kentucky whiskies.



The Anistocrat of Bonds
Kenky Stronge bouron White-

